

# SNACK MENU February 2020

## Toddler Class

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|---|--|---|--|--|
| <b>3</b>  | <b>4</b>   | <b>5</b>  | <b>6</b>   | <b>7</b>   |
| AM<br>½ cup Cereal<br>½ cup Fresh Fruit<br>PM<br>½ cup Veggie Straw<br>½ cup Fresh Fruits     | AM<br>½ cup Graham Cracker<br>½ cup Fresh Fruit<br>PM<br>½ cup Inner Peas<br>½ cup Vegetable     | AM<br>½ cup Oatmeal squares<br>½ cup Fresh Fruit<br>PM<br>½ cup Apple Sticks<br>½ cup Fresh Fruit | AM<br>½ slice Fig Bar<br>½ cup Vegetable<br>PM<br>½ cup WW Crackers<br>½ cup Yogurt w/ fresh berries | AM<br>½ cup Smoothie<br>PM<br>½ cup Oatmeal Cookies<br>½ cup Vegetable   |
| <b>10</b>   | <b>11</b>  | <b>12</b>   | <b>13</b>  | <b>14</b>  |
| AM<br>½ cup WW Crackers<br>½ cup Fresh Fruit<br>PM<br>½ cup WW Pretzel<br>½ cup Vegetable     | AM<br>½ cup Oatmeal<br>½ cup Fresh Fruit<br>PM<br>½ cup Cookies<br>½ cup Fresh Fruit             | AM<br>½ cup Belvita<br>½ cup Fresh Fruit<br>PM<br>½ cup Inner Peas<br>½ cup Vegetable             | AM<br>½ cup Cereal<br>½ cup Apple Sauce<br>PM<br>½ slice Whole Wheat Bread<br>½ cup Fresh Fruit      | AM<br>½ cup Graham Crackers<br>½ cup Vegetable<br>PM<br>½ cup Animal Crackers<br>½ cup Yogurt w/ fresh berries |
| <b>17</b>   | <b>18</b>  | <b>19</b>   | <b>20</b>  | <b>21</b>  |
| AM<br>½ cup WW Crackers<br>½ cup Fresh Fruit<br>PM<br>½ slice WW Bread<br>½ cup Fresh Fruit   | AM<br>2 pieces Belvita<br>½ cup Fresh Fruit<br>PM<br>½ cup Animal Crackers<br>½ cup Raisins      | AM<br>½ cup Graham Crackers<br>½ cup Yogurt<br>PM<br>½ cup Veggie Straw<br>½ cup Fresh Fruit      | AM<br>½ cup Cereal<br>½ cup Vegetable<br>PM<br>½ cup WW Pretzel<br>½ cup Fresh Fruit                 | AM<br>½ cup Smoothie<br>PM<br>½ cup Inner Peas<br>½ cup Vegetable  |
| <b>24</b>   | <b>25</b>  | <b>26</b>   | <b>27</b>  | <b>28</b>  |
| AM<br>½ cup Graham Crackers<br>½ cup Fresh Fruit<br>PM<br>½ cup Inner Peas<br>½ cup Vegetable | AM<br>½ slice Whole Wheat Bread<br>½ cup Fresh Fruit<br>PM<br>½ cup Cookies<br>½ cup Fresh Fruit | AM<br>½ cup Cereal/ Oatmeal<br>½ cup Fresh Fruit<br>PM<br>½ cup Veggie Straw<br>½ cup Raisins     | AM<br>½ cup WW Crackers<br>½ cup Fresh Fruit<br>PM<br>½ cup Pretzel<br>½ cup Fresh Fruit             | AM<br>½ Slice Fig Bar<br>½ cup Fresh Fruit<br>PM<br>½ cup Apple sticks<br>½ cup Fresh Fruit                    |

Menu might be adjusted according availability

**\* Please report any new food allergies to the office**

**Fruits Served:** Strawberries, melon, pineapple, pear, oranges, Clementine, bananas, grapes, mango, and kiwi

**Vegetable served:** Carrots (cooked), cucumber, celery, broccoli, kale, peas, corn, peppers, tomatoes, and avocado

**Grains/ Bread served:** Gerber cereals, multi grains cereals, whole grain bread, cheerio's, wheat squares, corn pops

**Milk:** Whole milk